Dear Parents and Community Members,

It is lovely to be back. It seems like I have been away forever in some respects but the weeks went very quickly. Thank you for all your kind get well messages, meals and treats whilst I was away. They all made a difference and helped me get back on my feet.

I must have come back in the busiest week of term. On Monday I attended a principal’s meeting in Toowoomba, where we learnt about the alarming increase in the number of students failing to attend school as well as suspension and exclusion data. Some schools have to deal with very high level of disruptive behaviour on a daily basis. We are very fortunate most of our behaviour incidences are very minor and don’t totally disrupt our learning. I am aware that some parents feel our expectations are too high and question whether it is necessary to pull students up when they continue to play after the bell rings or if they kick the balls near the classrooms. Most of the rules we have are based on safety and it is better to have consistent rules and expectations so the day runs more smoothly. We have come a very long way in a behaviour journey and I am immensely proud when I hear the swimming instructors at WIRAC tell us they love it when we go for swimming lessons because they can stay on course and treat all students with respect.

We have complimented our sportsmanship and pride in our school.

Last but not least, Friday is Teacher Aide Day and I would like to thank all our wonderful aides for all the hard work. The care and attention they take each and every day to help our students learn is remarkable. Apart from the group work, learning support and art lessons they are good at drying their hard work. The care and attention they take each and every day to help our students learn is remarkable. Apart from the group work, learning support and art lessons they are good at drying their hard work. The care and attention they take each and every day to help our students learn is remarkable. Apart from the group work, learning support and art lessons they are good at drying their hard work. The care and attention they take each and every day to help our students learn is remarkable. Apart from the group work, learning support and art lessons they are good at drying their hard work. The care and attention they take each and every day to help our students learn is remarkable. Apart from the group work, learning support and art lessons they are good at drying their hard work. The care and attention they take each and every day to help our students learn is remarkable. Apart from the group work, learning support and art lessons they are good at drying their hard work. The care and attention they take each and every day to help our students learn is remarkable. Apart from the group work, learning support and art lessons they are good at drying their hard work. The care and attention they take each and every day to help our students learn is remarkable. Apart from the group work, learning support and art lessons they are good at drying their hard work. The care and attention they take each and every day to help our students learn is remarkable. Apart from the group work, learning support and art lessons they are good at drying their hard work. The care and attention they take each and every day to help our students learn is remarkable. Apart from the group work, learning support and art lessons they are good at drying their hard work. The care and attention they take each and every day to help our students learn is remarkable. Apart from the group work, learning support and art lessons they are good at drying their hard work.

Denise McVeigh has done a wonderful job of setting up Book Fair in the Resource Room and is eagerly awaiting lots of sales. Denise has a track record she would like to maintain. According to the Book Fair organisers, our small school out performs many other larger schools and our sales are always above average. Denise has been co-ordinating Book Fair for the last 14 years, so that is an impressive record. This would not be possible without the fantastic support of the parents and wider community. Please come in and have a look. There are some excellent books and they are great value for money. Freestone Playgroup Mum’s will have a special session on Wednesday, before it all gets packed up.

Tomorrow we welcome all the dads into the school. We have a busy morning planned. Kerrie Rubie will be joining the festivities and has a power point presentation to show us all and will be presenting the students with awards from the 2014 DAFF Hermitage Research Facility Schools Plant Science Competition. There will be a morning tea, kindly provided by all our mums to help sustain us whilst we hammer, paint and glue. Then whilst the bird boxes dry we will serve sausages and give dads time to visit the book fair and share their love of books with their children. Don’t forget there will be a multi-draw raffle with some great prizes. Everyone is welcome and the money raised will go to the Student Council.

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Laura Watson
Principal

From the Principal’s Desk

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Laura Watson
Principal
Week | Date  | What’s Cooking | Who’s Helping |
--- | --- | --- | ---
8  | 05 Sept | Father’s Day Special Meal Deal $8 | Includes a card of raffle tickets |
9  | 12 Sept | Helper needed | ? |
10 | 19 Sept | Pizza | Anita |

**Term 3 Week 7**

**Random Acts of Kindness**

**Congratulations** to all the Freestone school students for their consistent Acts of Kindness and Great Behaviour.

Well done Tom and Bethany from Mrs Devine for the Tidy Desk Award.

**DATE TO REMEMBER**

School Photos
Wednesday 10th September
Envelopes may be sent in for safe keeping.

Welcome Back
Mrs Laura Watson

**TAKE HOME A BIG BROTHER OR BIG SISTER**

Give your children the wonderful opportunity to have an international big brother or big sister by volunteering to host one of our exceptional international students arriving in Australia in February 2015 for their 3, 5, or 10 month programs.

Our international students from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Japan and USA will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange.

You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family.

Visit us at [www.scce.com.au](http://www.scce.com.au), email [scceaust@scce.com.au](mailto:scceaust@scce.com.au) or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!


**Safety in the kitchen**

For most of us, the kitchen is a much-used family area and a focus of positive activity - comforting food is cooked in the kitchen and family members may gather to help prepare and possibly eat there. But the kitchen is also a room in which it is essential that care is taken to avoid illness and injury. One of the main concerns in the kitchen is cleanliness. If transferred from benches and other surfaces to food, dirt and germs can then move to your mouth, potentially causing illness. Other dangers are more visible: knives and other utensils should always be handled carefully, and should never be used as weapons (play or otherwise!) against anyone. Be careful, too, that if you are helping in the kitchen (or anywhere in the house!) you put away - and out of reach if necessary - any equipment that could endanger younger members of your family.

**~ Community News ~**

Freestone Playgroup—Freestone State School Playgroup meets from 9 to 11am at the Freestone School every Wednesday.
For more information on cost etc please call Leesa on 46612739 or 0419741264
**SURFERS PARADISE KIDS WEEK**

Free Family Fun—
School holidays in paradise

Saturday 20 to Friday 26 September
Surfers Paradise Beach & Foreshore

The weekend features “Peppa Pig” performances, foreshore attractions, beach activities, LEGO day, craft day, animal day, music day with superheroes and fairytales day

Fireworks Saturday 20th at 7pm and again on Friday 26th at the same time.

**SWAGtember**

Sleep out of your bed for those who don’t have one.

Over 100,000 people are homeless on any given night in Australia and turn-away rates at emergency shelters are shockingly high.

You can make a big difference by camping out, having a sleep over or holding an event to raise funds for Street Swags this September.

Donate to our event, join in the fun and help those sleeping rough by registering at:


*Thanks to our sponsors there are great prizes to be one.*

**Girls ‘Come Kick It!’**

With the WDFA Wolves Women’s Team & Coach!

Come & Kick It—FREE

All girls aged 8 to 18

Saturday 20 September

9:00am—11:30am followed by a free sausage sizzle.

Soccer skills, drills & fun and the inflatable pitch.

Where:— Warwick Wolves Soccer Club, Queens Park

Bring boots, shinguards, water and a hat. Call 0432922577 by 16th September or email butlerps@gmail.com

A very big thank you to Denise, Merrill, Julie and the team for getting the Kitchen Grant planning and application submission together.

**Cakes, Slices and yummy stuff**—If you can bring some for morning tea tomorrow it will be greatly appreciated and eaten with gusto.

**Sports Equipment**—Please leave your personal sports equipment at home, we have plenty to use here.

**I-Pods and Mobile Phones are valuable and should not be at school either, they may get lost or broken.**

**Jewellery**—Stud earrings (if you have pierced ears) and a wrist watch are the only jewellery that you should wear to school.

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**Book Fair Times:- New Building**

Thursday 4th Sept - 8:30am to 9:00am
                3:00pm to 3:30pm
Friday 5th Sept - 10:00am to 11:30am

(Weekend Features)

Monday 8th Sept - 8:30am to 9:00am
                3:00pm to 3:30pm
Tuesday 9th Sept - 8:30am to 9:00am
                3:00pm to 3:30pm

For more enquiries phone Denise on 0400357194

**Happy Birthday to**

Bethany Mauch

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What's the best way to avoid or deal with "cyber-bullies"?

There are things you can do to reduce the chances you'll receive abusive or other bullying messages, and to handle them if you are subjected to them:

- Only give your number to friends, and make it clear they're not to give your number to others without your permission.
- Use caller ID blocking to hide your phone number if you call someone other than a friend or family member.
- Only use your phone when necessary.
- Don't respond to nasty or inappropriate messages.
- If you do want to respond, wait until you've had time to calm down, so you are careful about what you say.
- Keep the message as evidence.
- Tell your parents, teacher or another trusted person that you're being bullied.
- Don't give out personal information about yourself to people you don't know.
- Don't leave your name on your voicemail - leave a message like "thanks for calling - leave a message and I'll call you back".
- If you are being bullied, get your parents to talk to your phone company - they may be able to block calls from certain numbers, or give you a new number.
- Turn your phone off, and when you turn it on, only access messages from the numbers you know belong to friends.

Self Harm Prevention and Management Evening

A Free Parents and Educators information evening to address Self Harm in youth will be held at the Warwick State High School auditorium, (S Block, enter via Guy Street). The evening will start at 6:30 pm on Monday 10th November. **NO children under 18 will be admitted to this session.**

Garry King will deliver a 1 hour session which will cover topics including:-
- Reasons for self harm
- Risk factors
- Those most at risk
- Protective factors
- What to say & not to say to parents

**BOOK FAIR FUN:**

Mrs Lane and students checking out titles and buying up big.

Lincoln & Mum

Mrs Baldwin hoping all the good pens haven't been snapped up.

Amy & Thomas with their purchases.

Never too young for books!