Dear Parents and Community Members,

Welcome to the week 5 newsletter.

This week has seen us catching up on a few areas of schoolwork which have been a little neglected during the Sports Days frenzy.

Last Friday was another resounding success for the Freestone Team – winning the overall trophy for the day was really something! Results and photos are included in today’s newsletter.

Next week sees us head to the pool for an intensive learn to swim programme. Just a reminder to send along goggles as well as togs and towels. Please send your child with plenty of food – we will have a break between lessons and then a quick break when we get back to school, as well as afternoon tea. Lots of healthy, filling food – sandwiches, fruit and yummy snacks.

It has come to my attention that some of the trophies from the Tanny Sports Day have the wrong date or no date on them. If you would like this corrected, send in your child’s trophy (with a name tag attached) and I will get them done when we send the school trophies in for engraving. Send them to school next week and I will collect them all for engraving.

There is a questionnaire attached – please give it your consideration and time. The Freestone Hall committee has received funding for a book and would like some contributions from the school community. The questionnaires will be collected from school next Friday – the 22nd of August.

Thank you to the parents who attended last night’s P&C Meeting. We discussed many things – Speech Night, end of year Camp (!!!), fundraising ideas, Father’s Day and swimming lessons. This school is very lucky in having such a strong and hardworking P&C.

Have a great week.

Regards

Chalk & Parent Direct make great gifts…
Christmas is much closer than you think

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From the Principal’s Desk

Calendar of Events:

<table>
<thead>
<tr>
<th>Event</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>P&amp;C Association Meetings</td>
<td>Every 2nd Wednesday of the month</td>
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<tr>
<td>Next P&amp;C Meeting</td>
<td>August 13th</td>
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<tr>
<td>Swimming WIRAC</td>
<td>Mon—Thur 18 to 21 Aug Mon—25 Aug</td>
</tr>
<tr>
<td>Book Club</td>
<td>Due back Friday 29 Aug</td>
</tr>
<tr>
<td>Fathers Day Trivia Night</td>
<td>Yangan SS Sept 06th</td>
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<tr>
<td>School Photo Order forms are attached</td>
<td>Wednesday Sept 10th</td>
</tr>
<tr>
<td>Parent Direct &amp; Chalk Fundraising</td>
<td>Due back Sept 10th</td>
</tr>
</tbody>
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Freestone State School,
82 School Road, FREESTONE QLD 4370
Phone: 07 4666 1569 Fax: 07 4666 1654 Email: the.principal@freestoness.eq.edu.au

Principal: Mrs Laura Watson  Teachers: Mrs Laura Watson (4-7)  Mrs Janine Baldwin (P-3) Ms Jennifer Lane (General)  Mrs Heidi Thompson (LOTE)  Mr Roy Nott (HPE)  Ms Jayne Shelley (Music)  Teacher Aides: Mrs Annette Sinden  Mrs Lynn-Marie Cremasco  Mrs Marguerite Walsh
Mrs Marie Gould  Cleaner: Mrs Karen Mauch  Administration & Finance Officer: Mrs Judith O’Shea  Grounds care: Mr John Watson
P&C President: Mr Derek Kane  Vice President: Merrill Ryan  Secretaries: Alica Mauch & Majella Roche  Treasurer: Jenny Ramsey
Playgroup Contact: Mrs Leesa Zagata  Phone 46612739
Week | Date | What’s Cooking | Who’s Helping
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5 | 15 August | Pizza | Linda
6 | 22 August | Bacon & Egg Rolls | Denise
7 | 29 August | Burgers | Natali
8 | 05 Sept | Helper needed | ?
9 | 12 Sept | Helper needed | ?
10 | 19 Sept | Pizza | Anita

**Term 3 Week 5**

**Random Acts of Kindness**

Jayden Taylor – for closing doors for others and cleaning up after the lesson without being asked.

Joe Robinson – for helping a classmate on the computer.

Jesse Dudman – for bringing in the bins for Mrs Mauch.

Clare Ramsey – for deleting many photos from the iPads after school for Mrs Baldwin.

Congratulations to all these students for making Freestone School a nicer place to be and setting a great example for others to follow.

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**DATE TO REMEMBER**

School Photos
Wednesday 10th September

Payment envelopes attached to this newsletter

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**BOOK FAIR**

Keep your eyes peeled for our BOOK FAIR from Wednesday 03rd to 10th September.

Times will be advised closer to the date.

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**Father’s Day**

A kind parent has offered to make “Nuts and Bolts” for our Dads as part of a Father’s Day gift. If you have any clean jars which would be suitable eg: Moccona coffee jars, please start sending them in. We only need one per child.

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**DATE TO REMEMBER**

School Photos
Wednesday 10th September

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**Community News**

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**Yangan State School P&C Assoc**

are holding a

**Father’s Day Trivia Night**

on

Saturday September 06th

in the

**Big Shed**

Reservations & Enquiries to Kate on 46648780

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**Freestone Playgroup—Freestone State School**

Freestone Playgroup meets from 9 to 11 am with the session involving free play, an organized craft activity and a music session. Please bring a healthy morning tea to share with others. We welcome all our new school families with little ones to come and meet some local mums.

Cost is only $2 per week plus
Insurance $35 family for the full year.

If you need more information contact Leesa on 46612739 or 0419741264.
Birthday Wishes!

It was Joe’s Birthday last week. Happy Birthday Joe

Happy Birthday to Mrs Lane who Celebrated a milestone on Sunday.

Warwick Sports Day—Update

Congratulations to all the students for a great day of participation, sportsmanship and triumph.

Freestone won the following Shields:

- Warwick Credit Union Shield—Champion School
- David Cory “B” School—Average Points Winner
- David Beddall “B” School Relay Shield
- Cec Jamieson Shield “B” School Ballgames

Our Age Champions were:

- 10yr Girls: Abbi Mauch
- 12yr Boys: Travis Lambert

10Yrs Boys runner up was Thomas Ramsey
12yr Boys runner up was Daniel McVeigh

The following students made it to the Southern Downs Trials:

Abbi Mauch, Dean Mauch, Thomas Ramsey, Daniel McVeigh, Jesse Dudman and Travis Lambert


What is “social networking” and how can it be dangerous?

Social networking is the adult name for what you’re doing when you’re messaging other people on-line. The internet today contains many sites that are designed to encourage kids and teenagers to communicate by messaging each other in real time.

These sites allow older kids and teenagers to chat one-on-one with family and friends on your ‘buddy’ or contact list, or to chat with various other people at the same time.

Many of these sites contain areas where you can post personal information about yourself, including your name, age, location, photographs, contact details and in some instances your experience with sex.

Many people feel safe communicating on these sites because they think they only chat to people they know or people who their friends know or trust. But it's actually very easy for anyone using the internet to identify a kid from:

- Details that have been posted on the internet
- Identifying information that a friend has disclosed during chat conversations
- Information sourced from other people who aren't your friends or friends’ friends.

The people who aren’t known to you or your friends, who try and contact you, may be “predators” - the people who use the internet to contact children and teenagers for illegal purposes. It only takes one reply from an unsuspecting kid and the predator may commence regular chatting - and once they have access to one child they soon gain access to his or her list of contacts.

In a very short period of time, a predator can be chatting with several groups of children whilst pretending to be another school-age friend.

Some children believe that adding large numbers of contacts to their buddy lists increases their social status. Police have identified children who have as many as 700 contacts on their buddy lists.

In one investigation police arrested five predators on one child's buddy list.

It is important that you only have people you know personally on your buddy list.
What's the best way to avoid or deal with "cyber bullies"?

There are things you can do to reduce the chances you'll receive abusive or other bullying messages, and to handle them if you are subjected to them:

- Only give your number to friends, and make it clear they're not to give your number to others without your permission
- Use caller ID blocking to hide your phone number if you call someone other than a friend or family member
- Only use your phone when necessary
- Don't respond to nasty or inappropriate messages
- If you do want to respond, wait until you've had time to calm down, so you are careful about what you say
- Keep the message as evidence
- Tell your parents, teacher or another trusted person that you're being bullied
- Don't give out personal information about yourself to people you don't know
- Don't leave your name on your voicemail - leave a message like "thanks for calling - leave a message and I'll call you back".
- If you are being bullied, get your parents to talk to your phone company - they may be able to block calls from certain numbers, or give you a new number.
- Turn your phone off, and when you turn it on, only access messages from the numbers you know belong to friends.

Warwick District Sports day