From the Principal’s Desk

Dear Parents and Community Members,

Well, what a week it has been since the last newsletter went out! I don’t need to tell you about our success at the Tanny Sports last Friday but I would like to make sure you know how well our students conducted themselves while at Yangan School. I was immensely proud to be sharing the day with Freestone students – they were great competitors but, more importantly, displayed impressive sportsmanship throughout the day. Laura and I have received a number of compliments from people outside of our own school about the children’s conduct. One of the organisers of the Tanny Sports mentioned the children’s sporting ability, their team spirit and the fact they congratulated other students on their efforts at the end of races or during events such as long jump.

You, as parents, should be very proud of your children. The school also appreciates the fabulous turn out of Freestone parents at Sports Days and the positive effect this has on our students’ behaviour and attitude. I look forward to another enjoyable day this Friday. You should have received a programme for Friday – one for each family.

Once again I encourage you to make sure the children have a hearty breakfast, some healthy food to snack on throughout the day and a water bottle or two.

Next week, week five, should be a calm and quiet week (in comparison to the last few) before swimming starts in week 6. I will be sending home permission and information notes soon. Keep your eyes peeled! We will be swimming Monday to Thursday in week 6 and Monday of week 7. (Children need to provide their own goggles for swimming lessons.)

Regards

Janine Baldwin
(Acting Principal)
### What’s Cooking

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>What’s Cooking</th>
<th>Who’s Helping</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>8 August</td>
<td>WCSS sports Day</td>
<td>Warwick SHS Tuckshop</td>
</tr>
<tr>
<td>5</td>
<td>15 August</td>
<td>Pizza</td>
<td>Linda</td>
</tr>
<tr>
<td>6</td>
<td>22 August</td>
<td>Bacon &amp; Egg Rolls</td>
<td>Denise</td>
</tr>
<tr>
<td>7</td>
<td>29 August</td>
<td>Burgers</td>
<td>Natalii</td>
</tr>
<tr>
<td>8</td>
<td>05 Sept</td>
<td>Helper needed</td>
<td>?</td>
</tr>
<tr>
<td>9</td>
<td>12 Sept</td>
<td>Helper needed</td>
<td>?</td>
</tr>
<tr>
<td>10</td>
<td>19 Sept</td>
<td>Pizza</td>
<td>Anita</td>
</tr>
</tbody>
</table>

---

### Term 3 Week 3

**Random Acts of Kindness**

- **Brad Thompson** for being supportive of team mates during practice and for opening the door for a student who was carrying a large box.
- **Lilly Oloman** for offering to step out of a team to let Joe in when he arrived and assisting the younger students.
- **Abbi Mauch** for cleaning down tables after Art without being asked.
- **Tom Ramsey** for collecting the clothes after sport without being asked.
- **Jesse Dudman** for helping others with cleaning up after art lessons.
- **Amy Ryan** for tidying up the computer tables without being asked.

*Congratulations to all these students for making Freestone School a nicer place to be and setting great examples for others to follow.*

*The winner’s of the lucky drawer were Brad, Tom and Abbi*

---

### Should I have a webcam on my computer?

Web cameras (web cams) can be connected to almost any home computer. These cameras are regularly used to capture and send images or live video stream while chatting to other internet users. If operated appropriately, they are a great way to stay in contact with family and friends.

**But** kids who have web cams connected to computers in their bedrooms are often targeted by internet predators.

Images or video from a kid’s web cam can be used to identify the kid in public places and can see what he or she does at home. Once an image has been transmitted across the internet, that image can be saved and uploaded to the internet for public viewing. It is all but impossible to remove the image as it can be copied and downloaded often hundreds of thousands of times.

Discuss with your parents whether you should have a web cam on your computer in your room or another unsupervised place, or - if you want one - whether it should be in a different room in the house.

---

### Date to Remember

**School Photos**

Wednesday 10th September

---

### Community News

**Tannymorel Sports—Lance & Desley Clarson retiring!**

I am sure you all join me in wishing Desley & Lance Clarson well after all the years they have kept the Tanny Sports running smoothly. I know that many of you have a long association with the Tanny Sports Day—generations long! Let’s hope a few people step into their shoes and takeover the task of running the Sports Day.

---

**Freestone Playgroup—Freestone State School**

Freestone Playgroup meets from 9 to 11 am with the session involving free play, an organized craft activity and a music session. Please bring a healthy morning tea to share with others. We welcome all our new school families with little ones to come and meet some local mums.

Cost is only $2 per week plus Insurance $35 family for the full year.

If you need more information contact Leesa on 46612739 or 0419741264

---

Birthday Wishes!

August seems to be birthday month – we have had two birthdays in the first week. Dean turned 11 on the 3rd of August and Joe turned 6 on the 7th.

Happy Birthday boys.

Mrs Lane also celebrates a special birthday this Sunday – the younger students were quite amazed to learn that Mrs Lane will have had 10 times as many birthdays as Joe on her big day on Sunday!

School Opinion Survey

Just a reminder about completing your online Parent School Opinion Survey—the closing date has been extended to Friday the 8th August (this Friday) as many schools have had a low completion rate. It really does provide schools with some important feedback if a high percentage of surveys are completed so if you can, please take 10 minutes or so and have your say about YOUR school.

Warwick Aquatic Participation Fun Day

Swimming Qld is hosting a FREE Fun Day at the Pool for children and adults with special needs. These Fun Days are designed for children and adults with a disability to enjoy fun water activities and gain aquatic skills and confidence, in a relaxed and safe environment.

Venue—WIRAC
Date—Friday 22nd August
Time—Session 1—Children 9.30am to 12.00pm
Session 2—Adults 12.00pm to 2.30pm
For more info call Wendy Ross on 33902011

Tannymorel Sports Day

“Bang!” The gun loudly fired. My competitors and I ran for the finish line. It was the 2006, 60 metre sprint. Even though I was running as fast as I could, someone ran past me. At the end of the race I just came 4th behind someone from Yangan.

The next event was long jump. The organisers of the long jump called for me so I went down to the long jump pit. Before we actually jumped we had a practice jump. I ran, then jumped into the pit. My longest jump was 2.89 metres. I came third and won a ribbon.

The third event I was in was the Potato Race. “Bang!” The gun fired again. I was off. We all ran to the first beanbag, picked it up and put it in the bucket and ran round the bucket. We did that until the last beanbag was put in and then we ran to the finish line. I was in the finals for the sprints and the Potato Race.

Next were the ball games. We won a few of them. At the end of the races we said some war cries. Trophies were given out. Freestone won!!!! Everyone cheered “Yay!!!”

By Joseph Beh

Tanny Sports by Calum

At the Tanny Sports at the finals I won two first place ribbons. From those ribbons I won a trophy and in the final sprints I came first. In the potato race I won one ribbon and for the final sprints I won another first place ribbon. It was fun and that’s how I won that trophy.

Tanny Sports by Lilly

Bang! The gun went off and the kids were off running down the track. I was in the next race. While I was waiting I made up a saying “The Yangan kids should be flushed down the toilet.” I then had to go out for my race. I got my skipping rope ready for take off. On your marks, get set, BANG. I ran as fast as I could. I crossed the line. I waited to see if I got a ticket. I got second. I took it over to the tent. My mum came over to me and gave me a hug. “Good job,” she said.
What's the best way to avoid or deal with "cyber-bullies"?

There are things you can do to reduce the chances you'll receive abusive or other bullying messages, and to handle them if you are subjected to them:

- Only give your number to friends, and make it clear they're not to give your number to others without your permission.
- Use caller ID blocking to hide your phone number if you call someone other than a friend or family member.
- Only use your phone when necessary.
- Don't respond to nasty or inappropriate messages.
- If you do want to respond, wait until you've had time to calm down, so you are careful about what you say.
- Keep the message as evidence.
- Tell your parents, teacher or another trusted person that you're being bullied.
- Don't give out personal information about yourself to people you don't know.
- Don't leave your name on your voicemail – leave a message like "thanks for calling – leave a message and I'll call you back."
- If you are being bullied, get your parents to talk to your phone company – they may be able to block calls from certain numbers, or give you a new number.
- Turn your phone off, and when you turn it on, only access messages from the numbers you know belong to friends.

Parking on Friday

Only cars displaying Parking Permits will be allowed to park inside the grounds at Hamilton Oval. These are usually restricted to people ferrying sporting equipment for the day. The children will need to ready for muster by 8.30 am. The day will start with a march past. Our school has been allocated the end seating area. See you there!

Tannymorel Sports day
Round-up

The Tannymorel Sports Club Shield:
The winner is decided by the number of points, divided by the number of enrolled students.

| 1st - Freestone with 4.79 points | 2nd – Murray’s Bridge with 4.6 points | 3rd – Yangan with 3.72 points |

Freestone State School also won the following:

- G. Russell Memorial Trophy: 1st in Senior Ball games
- J. O’Mara Memorial Trophy: 2nd Intermediate Ball games
- Ray & Connie Tegg Trophy: 1st Senior Relay
- G. Campbell Cup: 1st Intermediate Relay
- The William Roche Memorial Cup: 2nd Junior Relay

The Tannymorel Sports Club Shield

| 2009 – Lincoln Layton-Ridley |
| 2007 – Calum Olonam |
| 2006 – Christian Mauch |
| 2004 – Abbigail Mauch |
| 2003 – Dean Mauch |
| 2002 – Travis Lambert |

Congratulations to our Age Champions

Half Day at Wheatvale

On Tuesday this week the older students travelled to Wheatvale for the 800 metres and high jump events.

A few of our students also took part in discus trials at Hamilton Oval after this. The results from Wheatvale will be added to this Friday’s results. All students who went to Wheatvale gave their all, 800 metres is a long way – and I only had to watch! Our high jumpers also put in a mighty effort. Our school was very well represented indeed. Congratulations to Abbi Mauch who qualified for the Southern District Trial with discus.

A big thank you to Daniel Dudman for travelling to Maryvale to pick up the high jump mats for the day. Much appreciated.