Dear Parents and Caregivers,

Welcome to week two of a very busy term. Sports practice is up and running, (pardon the pun), thanks to Mrs Mauch, Mrs Mauch and Mrs Mauch. I have included a note about dates and times for the three Sports Days. Please contact the school if I have left out any important information or if you need help with transport, particularly with regards to the half day at Wheatvale.

This week also sees the launch of the School Opinion Survey. This year, everyone is to complete the surveys on-line. A letter explaining the process has been sent home with this newsletter. I would ask that you complete the survey as honestly as you can. If you have difficulty accessing a computer or the internet, please feel free to use a computer at school. The year 5 and 6 students will be completing the surveys this year. This will be done at school. The surveys need to be completed by the 3rd of August.

Please take into consideration the positive aspects of Freestone School – small class size, computer access, teacher aide support, individual attention, communication between school and home, art classes, daily physical activities, excursions and so on. With the perspective of many years spent in a big school, as a parent and a teacher, I can assure you, small school life is very nice – for students, parents and staff.

You will be pleased to know, Mrs Watson is home and well. She is keeping in regular contact with us at school – her laptop and phone have been running hot!

Regards

Janine Baldwin

Acting Principal
As mentioned in last week’s newsletter we attended the dress rehearsal for Beauty & the Beast last Wednesday. Here are a couple of photos from the morning.

Freestone Playgroup—Freestone State School
Freestone Playgroup meets from 9 to 11 am with the session involving free play, an organized craft activity and a music session. Please bring a healthy morning tea to share with others. We welcome all our new school families with little ones to come and meet some local mums.
Cost is only $2 per week plus Insurance $35 family for the full year.
If you need more information contact Leesa on 46612739 or 0419741264

Warwick State High School
Junior Secondary Update
Enrolment Interviews will be conducted between Monday 21st July and Friday 25th July at the Warwick SHS. It is compulsory for students and a parent/caregiver to attend an enrolment interview. Interviews can be booked online through SOBS (Online Booking System) or by ringing the school’s office. Additional enrolment packages are available from the school office.

Term 2 Week 9
Random Acts of Kindness
Congratulations Jesse for helping younger students bring in the playground equipment.
Congratulations Thomas Ryan for showing good sportsmanship at lunchtime.
Congratulations Lilly for showing good sportsmanship at lunchtime.

~Community News~
What's the best way to avoid or deal with "cyber-bullies"?

There are things you can do to reduce the chances you'll receive abusive or other bullying messages, and to handle them if you are subjected to them:

- Only give your number to friends, and make it clear they're not to give your number to others without your permission
- Use caller ID blocking to hide your phone number if you call someone other than a friend or family member
- Only use your phone when necessary
- Don't respond to nasty or inappropriate messages
- If you do want to respond, wait until you've had time to calm down, so you are careful about what you say
- Keep the message as evidence
- Tell your parents, teacher or another trusted person that you're being bullied
- Don't give out personal information about yourself to people you don't know
- Don't leave your name on your voicemail - leave a message like "thanks for calling - leave a message and I'll call you back"
- If you are being bullied, get your parents to talk to your phone company - they may be able to block calls from certain numbers, or give you a new number

Turn your phone off, and when you turn it on, only access messages from the numbers you know belong to friends

Hats
Our spare hat supply has dwindled to none. If you have any spare hats at home, we could use, please send them in.

Sports Practice Mums!

A big thankyou to the mums who are regularly taking our children for sports practice. The children are really enjoying going out for extra games as well as benefitting from your expertise.

It is lovely to hear some of the students say how much they love playing the different games and competing in races but also telling me, “It’s fun to win but it’s not the most important thing. We just need to try our best and have fun.” What a great attitude! We need to learn to be gracious winners and losers.

We will have to work on our war-cries next week, ready to blast the ears off our competitors at the Tanny sports.

Sports Days

Just a reminder about dates, times and what to bring for our sports days.

**Dates and Times**

- **Tannymorel Sports Day**. Friday the 1st of August.
  - Yangan State School. Starts at 8.30 a.m. so children need to arrive at least 15 minutes before that.
  - Half Day at Wheatvale Tuesday, 5th of August
    - (800m and high jump) Discus (Hamilton Oval after Wheatvale events)
  - Events start at 12. Children need to be there by 11.30 a.m.
  - Please pick your children up from school in plenty of time to get to Wheatvale by 11.30 a.m.
  - Warwick Country Schools Sports Day.
    - Friday the 8th of August. Hamilton Oval, Warwick.
    - Muster at 8.00 a.m. First Event 8.45 a.m.
    - Transport – Parents are responsible for transporting children to and from Sports Days.

**What to bring/wear**

Students need to wear their school uniform and a hat. They need to have a water bottle.

**Tanny and Warwick Country** will have canteens running but extra food would be handy as sometimes the canteen is very busy when children want to eat. While it is fun to have some lollies and iceblocks on Sports Day, please ensure your children also eat something healthy throughout the day. A hearty breakfast would also be a good start to the day.

**Children attending the half day at Wheatvale** will need to take food and water with them as they will only have had a fruit break at school by the time you pick them up.
Senior Pledges
Our Seniors received a laminated copy of their speeches and signed senior pledges on Friday’s parade. Mrs McFarlane, our Senior Guidance Officer, presented them to the students.

Unfortunately Travis was absent on the day.

WIRAC
Warwick Indoor Recreation & Aquatic Centre
For a Healthy Life

Is offering for the month of August a great deal. Join as a Gym member and receive a free upgrade to a Gold Membership.

Come and see our friendly staff for more information or phone 46617955